



## *Hiwas 1st Nations Cultural Centre - Grouse Mountain*

### **Program Description**

Your class will love the full day of vivid legends, songs and dances that take place in the *hiwas* feasthouse. Let us take you back in time to discover the way of life for the First Nations' people in an authentic Pacific Northwest Longhouse. The feasthouse becomes a meeting place for students of all ages to interactively discover the ancient customs, legends and rich history of the First Nations People.

Our guides will greet your group at the Valley Station and escort you to the mountaintop. Students will then enjoy a guided walk through a sub-alpine forest. In winter, this walk is done on snowshoes! Guides will share their favourite legends along the way.

Inside the *hiwas* feasthouse, students will become a part of the experience through dances and craftwork. Learn how cedar has been used throughout the ages and experience how legends are passed on from generation to generation. A sample of native cuisine will be served for a truly unique and authentic cultural experience.

The *hiwas* feasthouse program is available Monday to Friday, September through June, except during school holidays. The program is available to groups only (minimum of 25 students) and lasts approximately 5 hours. The program price includes Grouse Mountain Admission, snowshoe rentals (winter only), guides/storytellers, craftwork and lunch (hot chocolate, drink box, beef jerkey, West Coast vegetable soup, traditional Bannock bread and a berry tart). The guided snowshoe tour is weather and snow conditions permitting. Students and teachers are reminded to dress warmly for mountain weather conditions.

### **Student Prices:**

**Lower Peninsula K - 8 Students - \$75.00**



**Call 1-877-227-8287  
for more information  
and booking**